

Rob Heineman- ACE 17 Smack Head Coach.

Coaching Experience:

- 1993-1995: West Ottawa Boys VBC Club Director and 18's Head Coach
- 1995-1996: Inside out Juniors 18-1 Asst- Went to Nationals
- 1995-1996: Grand Rapids Comm College: Mens Club Assoc. Head Coach
- 1996-1997: Inside out Juniors 16-3 Head- Went to Nationals
- 1997-1998: Muskegon High School: Asst Varsity and Freshman A Coach
- 1997-1998: Inside out Juniors 17-2 Head
- 1998-1999: Inside Out Juniors 18-2 Head – Went to Nationals
- 1999-2000: Creston High School: JV Coach
- 2000-2002: Dallas Baptist University: 1st Asst Coach Women's team
- 2000-2002: Dallas Baptist University: 1st Asst Coach Men's team-2nd at 2001 Nationals
- 2000-2002: Sports Performance VBC
- 2002-2004: Dallas Baptist University: Head Men's Coach-2004 National Champion
- 2004-2005 ACE Volleyball Club 16 National Head Coach
- 2005-2006 ACE Volleyball Club 14 National Head Coach
- 2006-2007 ACE Volleyball Club 15 National Head Coach
- 2007-2008 ACE Volleyball Club 16 National Head Coach
- 2008-2009 ACE Volleyball Club 17 Smack Head Coach

Additional Coaching experience includes:

- Inside Out summer camps
- Muskegon High summer camps
- Sports Performance Summer Camps
- Dallas Baptist University Summer Camps
- Inside Out Beach leagues
- Inside Out Indoor leagues
- ACE Summer Camps & Summer Performance
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Playing experience:

- 1993-1995 Western Michigan University Mens Club Team
- 1995-1996 Grand Rapids Community College Mens Club Team
- 1996-2005: Played over 150 Open Beach and Outdoor Tournaments across the United States of America
- 1996-2007: Played over 125 Adult Indoor tournaments ranging from BB to AA in level of skill

College Experience:

Western Michigan University 1993-1995
Grand Rapids Community College 1995-1996
Dallas Baptist University 2000-2004 BS: Biology

Favorite quotes:

Coaches who can outline plays on a black board are a dime a dozen. The ones who win get inside their player and motivate.

[Vince Lombardi](#)

Winning is not a sometime thing; it's an all time thing. You don't win once in a while, you don't do things right once in a while, you do them right all the time. Winning is habit. Unfortunately, so is losing.

[Vince Lombardi](#)

To Have Succeeded

To laugh often and love much;
To win respect of intelligent people
And the affection of children;
To earn the approbation of honest critics
And endure the betrayal of false friends;
To appreciate beauty;
To find the best in others;
To give one's self;
To leave the world a little better,
Whether by a healthy child,
A garden patch,
Or redeemed social condition;
To have played and laughed with enthusiasm
And sung with exultation;
To know even one life has breathed easier
Because you have lived...
This is to have succeeded.

Ralph Waldo Emerson