

Coaching Biography

Cody Hanson – 14 Elite Head Coach

Coaching Experience:

- 2011 Head Coach for ACE Junior High Development League
- 2010-2011 Head Coach Club AY 12U Open
- 2007-2009 Head Coach for Multiple Junior High and High School Camps at the Hill School of FW
- 2001-2002 Head Varsity Coach Steppingstone Christian Academy (private HS in Burleson, Tx)
- 1999-2001 Head Varsity Coach Holy Cross Catholic Academy (Private HS in Amarillo, Tx)

College/Adult Playing Experience:

- UT-Arlington Men's Club Team
- Arlington YMCA Co-Ed open team
- Amarillo Men's League Open Division
- Sand Doubles in Amarillo and Arlington Men's / Co-Ed Open Division

Personal Info:

- **I am a husband of nearly 13 years. I have a 13 year old daughter and a 7 year old daughter. My family is the single most important thing in my world. I would do anything for them.**
- **I can be reached at coachh33@gmail.com**
- **I am a varsity head coach who loves to teach young athletes about being a great athlete. Anyone can learn how to play a sport, but I focus a lot on how to be a great competitor and most importantly, what it takes to**
- **I love all sports and I am extremely competitive. That competitive nature is how I get to where I am today.**

Favorite coaching ideas and quotes:

"Hard Work beats talent when Talent doesn't work hard." -- *Tim Notke*

"I am more afraid of an army of 100 sheep led by a lion than an army of 100 lions led by a sheep." -- *Talleyrand*

In volleyball the most important skill to master is the basic idea of going to base. From it we can cover the floor and without it we are absolutely lost just hoping to get the ball up.

***IMPACT Certified**

***USAV Coaching Accreditation Program (CAP) Level I Certified**