

## **Ashley Minton 16 National Head Coach**

### **Coaching Experience:**

I have coached the 14U Elite / National age group for 4 years in the DFW Metroplex and enjoy the technical and developmental training for young girls while inspiring them mentally, physically, and competitively. This enables successful preparation for what to expect in High School and other top volleyball programs.

I have taken my teams to win 6 Gold Place tournaments over the last 4 years and seek a positive, winning, hard working, motivated, and driven group of girls to continue taking volleyball to the next level.

### **Playing Experience:**

I started playing volleyball 12 years ago, and attribute the opportunity of learning the game of Volleyball and my growing passion for this game to my experience through club volleyball and playing at Western Carolina University. At WCU, I was trained as a setter/right side and was awarded SoCon Player of the week many times throughout my career.

After college, I became an avid Beach volleyball player yet still continued my indoor career through USAV, and still compete nationally at all levels in both events.