

Anna Fryman – ACE 14 Regional Black Head Coach

Coaching Experience:

- January 2009-Present ACE Volleyball Friday YDL Referee/Skills Coach
- Fall 2009: Assistant Coach Grace Preparatory Academy Junior High Volleyball
 - 8th grade Gold – TAPPS District Champions
 - 8th grade Gold – Post-Season Tournament Champions
- Spring 2009: Assistant Coach Junior High/High School Offseason/Conditioning
- Spring 2010: 12 Acers Head Coach
 - 42nd out of 86
- Summer 2010: 12 Acers ACE Volleyball YDL and Jr. High League Coach
 - Session I – League Champions
- Fall 2010: Head Coach Fellowship Academy Junior High Volleyball
 - Record: 9 wins 3 losses
 - 2nd in District
- Summer 2011: Jr. High League Coach “A-Team”
- Fall 2011: Head Coach Fellowship Academy Junior High Volleyball
 - Record: 9 wins 3 losses
 - 1st in District
- Fall 2011: Assistant Coach Fellowship Academy Varsity Volleyball

Coaching Summer Camps Experience Includes:

- 2007: Assistant Coach Grace Prep Junior High Pre-season Camp
- 2008: Assistant Coach Grace Prep Junior High Pre-Season Camp
- 2008: Assistant Coach Grace Prep 9th-10th Grade Pre-Season Camp
- 2010: Head Coach Fellowship Academy Junior High Pre-Season Camp
- 2011: Head Coach Fellowship Academy Junior High Pre-Season Camp

Junior Playing Experience:

- 6 years volleyball playing experience at Grace Preparatory Academy
- Varsity 2006-2008; 2007-2008 Starting Right Side
 - 2006 TAPPS Regional Champions
 - 2006 TAPPS State Runner-Up
 - 2008 TAPPS District Champions
 - 2008 TAPPS Regional Champions
 - 2008 TAPPS State Semifinalist
 - 2008 TAPPS 2nd Team All-District Right Side
- 2004 12 Metro; Middle Blocker
- 2006 Team Captain of ACE Volleyball 15 Regional; Middle Blocker
- 2007 ACE Volleyball 16 Elite; Middle Blocker

Adult Volleyball Experience:

- Junior at Dallas Baptist University
 - Fall 2009 Co-ed Volleyball Intramural Champions

Anna absolutely loves to coach and play volleyball. She will continue coaching for TAPPS schools and for ACE Volleyball as long as she is able. Anna likes hanging out with friends, cooking, and watching all of the girls she has coached grow into beautiful young women of character and exceptional volleyball players. Anna is pursuing a Bachelor of Science degree for 4-8 English Education at Dallas Baptist University with a minor in Biblical Studies.

***IMPACT CERTIFIED**

***Certified Interscholastic Coach Volleyball**

***CPR Certified**